Virtual Runner

This software is targeted for athletes. It allows them to conduct their daily workout at home without running on actual race tracks. System also provides the personal workout records for the user to improvise their performance. No special treadmill required! User simply installs the system on their PC or Laptop along with selected videos, then attach the included FootPod to their shoelace and plug in the USB stick to their PC or Laptop. Next, selects which video or videos wish to view and start the program. After a brief countdown, video begins to play on your monitor or HDTV (if connected.) As user run, the FootPod transmits runner's pace to the USB receiver using ANT+ protocol. This data is read by the Software, which adjusts the speed of the video based on this data. If user runs faster, the video will speed up. If user slow down, the video will slow down.